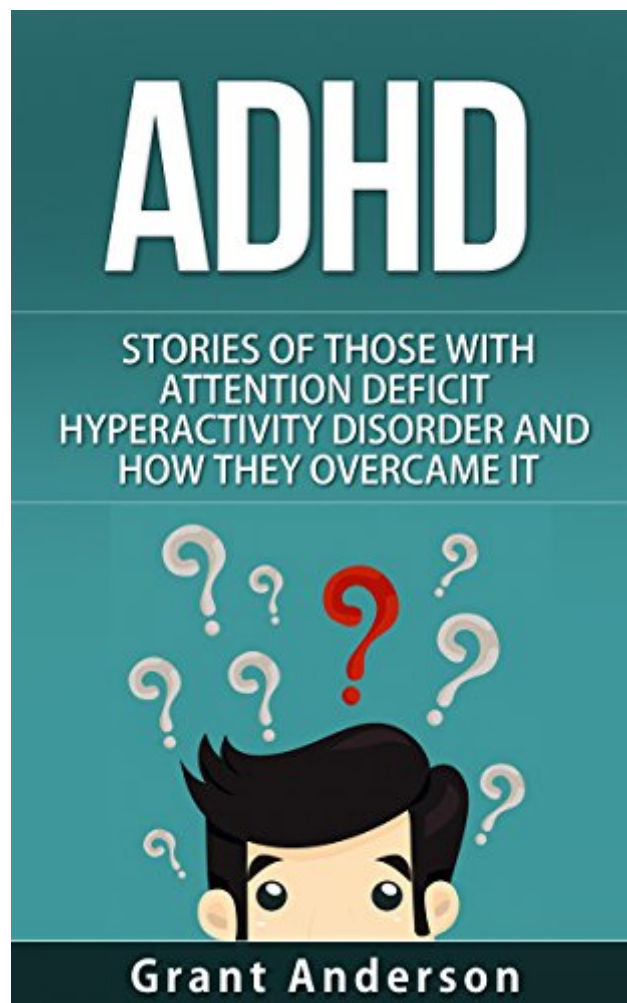


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# **ADHD: Stories Of Those With Attention Deficit Hyperactivity Disorder And How They Overcame It (Adhd Children, Adhd Adult, Adhd Parenting, Adhd Without ... Adhd Advantage, Adhd Effect On Marriage)**





## Synopsis

BONUS #1 – Free self-help ebook  
BONUS #2 – Free \$20-off gift voucher (goal setting tool)  
Real stories from real people with ADHD. Includes tips that can help you or your children focus and concentrate more – giving you a mental advantage. Now, the best way to learn about ADHD is to listen to those who suffer from it. If you want to know more about ADHD and how to overcome hyperactivity and lead a happy life, you’ve come to the right place. What you’ll gain from this book:  
ADHD ADVANTAGE: You’ll learn how to take advantage of ADHD (or ADD). Sometimes, all it takes to start moving forward is to read stories from other people who are also struggling with the same symptoms as you (or your loved ones).  
COMPLETE AUTHORITATIVE GUIDE: Reading what other people go through will give you a better understanding of ADHD. You will also learn more about its mental health / mental illness status, the causes and risk factors of ADHD, how to increase communication using cognitive behavioral therapy, and ways to stop procrastination.  
ADOLESCENTS WITH ADHD: You’ll hear from kids with ADHD and get some good ideas on how parenting can positively impact a child. Behaviors of a child may not necessarily be detrimental in the long-term as many adults with ADHD now live happy and fulfilling lives.  
What’s inside the book:  
How ADHD gets diagnosed  
My sister’s life with ADHD  
How to help a friend or loved one with ADHD  
How to help yourself if you have ADHD  
A guide to ADHD treatments  
Psychotherapy  
Social skills training  
Support groups  
Special education classes  
A guide to ADHD medications  
ADHD setbacks and maintaining your progress  
Take action today and download this book for a limited time discount of only \$0.99!-----  
Tags: adhd effect on marriage, obsessive compulsive disorder, special needs, autism, attention deficit disorder, learning disabilities, mood disorders, natural medicine, concentration,

## Book Information

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## Customer Reviews

This book presents great insights into ADHD, what I like about this book is that it contains real accounts of people suffering from ADHD, which makes the content of the book genuine. The experiences and the pieces of advice are from the lessons, the difficulties encountered by the writer and two of his loved ones who are victims of the disorder. In this book you'll see a clearer picture of the disorder, including its symptoms, diagnosis and treatments. Excellent book, honest and genuine.

When I hear ADHD, I only think about kids with ADHD. I didn't know that there are also adults suffering from ADHD. This book is very inspiring. To read about their struggle, their friends and families' struggle as well, and how they overcome it, it's very inspiring. It must be really difficult not having to work well because of ADHD. I'm sure that there are still lots of people who are still suffering and need help. I'll surely talk about this book to my friends and family to increase awareness and hopefully reach the people who didn't know how others overcame it.

Gaining information about ADHD disorder was the reason why I bought and read this book. This is a mental disorder, and it is often overlooked, but it is nonetheless an important topic which should receive more attention and it is also important to seek out help and treatment for overcoming it.

Excellent for ADHD kids to identify with other kids who have been diagnosed as having ADHD. I'd like a better title though. Something like, BEING DIFFERENT and ACCEPTING AND LIKING IT, with ADHD in small print. Not to stigmatize with this big ADHD title. Title NOT a good idea for ADHD kids trying to learn to focus. Maybe LEARNING TO FOCUS would be a better title.

May be the main reason of most readers who downloaded this book is for self help and then book shares something about it, although its not complete, but worth it. The author also shares different stories of individuals who are suffering the same deficiency for us to know what really their behavior is. As suggestions it is more better if the author focus only on the diagnoses and treatment.

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